

Obligations and Options

Cage of Obligations is finding oneself incarcerated in a web of obligations that are difficult if not impossible to meet. Too many promises create discomfort and conflict. Be careful what and how often you promise.

Gift of Minimal Options. Unlike a cage of obligations, a gift of only a few options makes decision-making easier and fluid. Know when and how to accept the gift; trust in your occasional good fortune of only a few options from which to select.